

CURRICULUM VITA

Karen A. P. McGibbon

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EDUCATION

PhD	Regent University , Counselor Education & Supervision (CACREP accredited), <i>Virginia Beach, USA</i> . Dissertation: "A Correlational Study of the Intergenerational Transmission of Teen Pregnancy in Jamaica".	2015
MA	St. Stephen's College , <i>Alberta, Canada</i> . Pastoral Psychology and Counselling. Thesis: "Rehabilitation as Reformation; Pastoral Counselling for Criminal Offenders - Confronting Jamaica's Crime Dilemma"	2011
BSc	University of the West Indies , <i>Mona, Jamaica</i> . Marine Biology. Graduated with Honors. Minored in Botany.	1990
CCL	International Institute of Coaching Studies . Certified Coach Leader.	2011
Cert.	University of the West Indies , <i>Mona, Jamaica</i> . Principles and Practice of Social Work.	2004

HONORS AND AWARDS

Academic Merit Scholarship , Regent University	2012 - 2013
Academic Merit Scholarship , Regent University	2013 – 2014
Academic Merit Scholarship , Regent University	2014 – 2015
Academic Merit Scholarship , Regent University	2015 - 2016

TEACHING EXPERIENCE

Winebrenner Theological Seminary , <u>Post-Graduate Assistant Professor</u> , Master's in Clinical Counseling Program	12/2016 – present
<ul style="list-style-type: none">• Teach clinical counseling coursework• Practicum & Internship Student Coordinator	

- Regent University, Post-Graduate***
Teaching Assistant, Qualitative Research Methods **1/2015 – 4/2015**
- Assisted Dr. David Savinsky
 - Assisted in teaching doctoral students
- Caribbean Graduate School of Theology, Graduate***
Adjunct Lecturer, Child & Adolescent Therapy, **6/2016 – 7/2016**
Personality Theories & Dynamics **12/2015 – 1/2016**
- Regent University, Graduate***
Teaching Assistant, Clinical Mental Health Counseling **2012 - 2015**
- Assisted Dr. Olya Zaporozhets
 - Graded and assisted in teaching graduate students in the following courses: *Counseling Theories, Research Methods, Addictions Counseling, Group Counseling, Assessment Techniques, Career & Lifestyle Development*
- The Mico Universtiy College (Teacher’s College), Undergraduate***
Adjunct Lecturer, Professional Enhancement Department, **2011 - 2016**
- Taught teachers and counselors in training “*The Art & Science of Happiness*” (Positive Psychology)
- Vocational Training Development Institute, Undergraduate***
External Assessor, BSc in Career Development, **2013 - 2016**
- Second grader of student assessment scripts
- St. Andrew High School for Girls.***
Teacher, Personal Development **2006 - 2011**
- Taught over 1000 grade 7 – 11 students
 - Designed curricula for all grade levels
- Covenant Christian Academy High School.***
Subject and Home Room Teacher **1999 - 2001**
- Taught the following subjects: Human & Social Biology, Principles of Business, Home Management.
- The Queen’s High School, Part-Time.***
Subject Teacher **1997**
- Taught Mathematics and General Science.
- Immaculate Conception High School.***
Subject and Home Room Teacher **1991 - 1994**
- Taught the following subjects: Mathematics, Plant & Animal Biology, Human & Social Biology, General Science.

St. Hugh's High School.**Subject and Home Room Teacher****1990 - 1991**

- Taught the following subjects: Mathematics, Plant & Animal Biology, Human & Social Biology, General Science.

PROFESSIONAL COUNSELING EXPERIENCE

Guidance Counselor, St. Andrew High School for Girls.	2006 - 2008, 2009 – 2010
Acting Head of Guidance, St. Andrew High School for Girls	9/2008 – 5/2009
Head of Guidance, St. Andrew High School for Girls	2010 – 2011
CEO & Founder, Live Free Coaching & Counseling Services	2011 - present
Clinical Counseling Associate, Choose Life International	3/2016 – 8/2016
Clinical Counselor, Choose Life International	3-4/2012
Pre-Doctoral Intern, Choose Life International	1/2015 – 12/2015
Acting Guidance Counselor, Vocational Training Development Institute	5-6/2013
Group Counselor, Vocational Training Development Institute Grief Support and Mentorship Groups	2-3/2013

PRACTICUM COUNSELING EXPERIENCE

Ministry of Justice - Victim Support Unit	2005
Peter's Rock Christian School	2004
Glenhope Place of Safety	2005
Ministry of Justice - Office of The Children's Registry	2009-2010
University of Technology Medical Center	2014

SUPERVISION EXPERIENCE

Triadic Practicum Supervisor, Regent University	7-8/2015
Administrative Supervisor, St. Andrew High School for Girls	2006-2011
Clinical Supervisor, St. Andrew High School for Girls	2008-2009, 2010-2011, 2-4/2013

PROFESSIONAL LICENSE**Licensed Professional Counselor** (Jamaica)**6/2016 - present****SPECIAL PROJECTS**

Lead Trainer - UNFPA Sponsored ‘Combating Intra-family Violence and Gender-Based Violence among Youth in Majesty Gardens’ Project/Youth Making a Difference Workshop Series; **October - December 2012**

PROFESSIONAL CERTIFICATIONS

Life Coach Certifications: Relationship Coaching, Health & Wellness Coaching, Parent & Teen Coaching, Success Coaching, Goal Attainment Coaching

2011**ADDITIONAL TRAINING**

Grief Counseling - Victim Support Unit, Ministry of National Security. **2004**
Grief Management - Ministry of Education, Youth & Culture **2004**
Pre-Marital Counseling - Family Life Ministries. **2002**
Conflict Resolution Skills - PALS (Peace and Love in Society) Jamaica **1998**
Counseling the Suicidal Client - Choose Life International **2008**
Counseling the Same Sex Attracted Client - WIRED Jamaica **2005**
Working Effectively with Parents - Parenting Partners Caribbean **2004**
Developing the Leader Within You (John Maxwell) - Christian Life Fellowship. **2004**
EQUIP Leadership Training (John Maxwell) – Christian Life Fellowship **2014**

PROFESSIONAL MEMBERSHIPS

Chi Sigma Iota International **2013-2016**
 Christian Association for Psychological Studies **2014**
 The Association for the Development of the Person Centered Approach **2014**

RESEARCH PROJECTS

Team Member, *International Students’ Religiosity/Spirituality and Acculturative Stress: A Phenomenological Inquiry*. PhD Dissertation, Regent University **Fall 2014**

Team Member, *Joy in Older Married Couples*. Qualitative Research Methods Course, Regent University. **Spring 2014**

Team Member, *An Evaluation of Online and On Campus Student Performance Through Rubric Assessment Measures*. Quantitative Research Methods Course, Regent University. **Fall 2012**

Team Member, *How Incarceration Impacts on the Inmate as well as the Benefits Derived*. Principles and Practice of Social Work, UWI, Mona. **Spring 2004**

PROFESSIONAL PUBLICATIONS

McGibbon, K. (2012). *Life Lessons - A Personal Development Workbook for Today's Secondary School Students (Grade 7)*. GlenMais Publications, Kingston, Jamaica.

McGibbon, K. (2012). *Life Lessons - A Personal Development Workbook for Today's Secondary School Students (Grade 8)*. GlenMais Publications, Kingston, Jamaica.

McGibbon, K. (2012). *Life Lessons - A Personal Development Workbook for Today's Secondary School Students (Grade 9)*. GlenMais Publications, Kingston, Jamaica.

Book Chapter

McGibbon, K. (2014). Happy is as Happy Does. In *School counselors share their favorite classroom guidance lessons: A guide to choosing, planning, conducting, and processing*. Association for specialists in Group Work, Alexandria, VA.

PROFESSIONAL PRESENTATION (refereed)

Philip, S., Neuer Colburn, A., **McGibbon, K.**, & Okai, B. (2015). International Students' Religious/Spiritual Experience and Acculturative Stress: A Phenomenological Inquiry. National presentation at ASERVIC conference, Manhattan, NY.

PROFESSIONAL PRESENTATIONS (non-refereed)

Dealing with Peer Pressure - Immaculate Conception High School; **2002**

Parenting Seminar - Boulevard Open Bible Church; **2002**

Parenting Workshop - Emmanuel Christian Academy Prep; **2003**

The Real Me: Sexuality - Female Awareness Day, Ardenne High School; **2008, 2012**

Stress Management - Grade 13, Immaculate Conception High School; **2012, 2013**

Achieving your Academic Goals - Grade 12, Immaculate Conception High School; **2012**

Parenting Seminar - St. Andrew High School for Girls; Organizer and Facilitator; **2007, 2008, 2009**

Parenting Forum (Grades 7, 8, 9) - St. Andrew High School for Girls; Organizer, Facilitator and Presenter; **2010, 2011**

Form Teacher Essentials - St. Andrew High School for Girls; **2010, 2011**

Parenting Forum (Grade 7) - St. Andrew High School for Girls; **2012**

Caring for the Caregiver - Workshop on essential skills for personal care assistance; Revamp Comprehensive Rehabilitation Centre; **2012**

Life...Staying Motivated - Vocational Training Development Institute Staff Retreat; **2013**

Providing Pastoral Care to Broken Students - Caribbean Staff Education and Training Program (Trinidad), Co-presenter; **2013**

Happiness Seminar (Grade 13) – Immaculate Conception High School; **2013**

Parent as Coach Seminar (Grade 10) - St. Andrew High School for Girls; **2013**

Child Sexual Abuse Forum – Ministry of Education, Panelist; **2015**

Marriage Enrichment Seminar – Webster United Church, Presenter; **2014, 2015**

Understanding Christian (Women’s) Sexuality – Christian Life Fellowship Family Conference; **2015**

“It’s Gonna Be Alright” – National Housing Trust Stress Relief Village; **2016**

“Let’s Talk About Sex” – Christian Life Fellowship Family Life Seminar; **2016**

“Success – Is it really?” – **St. Andrew High School for Girls;**
Grade 13 Leadership Development Program; **2016**

PROFESSIONAL SERVICE

Chi Sigma Iota Poster Session Proposal Reviewer – September **2014, 2015**

Chi Sigma Iota Global Network Blog Administrator – September **2014 - present**

Counseling Consultant: *Provide trainings, workshops, seminars and professional counseling to students and staff as necessary.*

Ministry of Justice – Office of the Children’s Registry; **November 2010 – 2016**

St. Andrew High School for Girls; **2011 – 2016**

Immaculate Conception High School; **2012 – 2015**

St. Hugh’s High School; **2012 – 2015**

Vocational Training Development Institute; **2012 – 2016**

Revamp Comprehensive Rehabilitation Center; **2012 - 2015**

COMMUNITY SERVICE

Mentor – St. Hugh’s High School students; **2012 – 2016**

Assistant Cell Group Leader; **2001- 2006**

Alpha Course Group Leader; **2001-2003**

Moorlands Camp Co-Commandant, 15/16 co-ed camp; **2006, 2007**

Ministry Team Leader – Trumpet Call Ministries; **2001 – 2002**

Ministry Team member – Stony Hill Remand Center; **2001 – 2002**

Marriage and Family Ministry Coordinator - Christian Life Fellowship; **2000-2015**

Counseling Ministry Team Member - Christian Life Fellowship; **2004-2016**

Hospitality Ministry Team Member - Christian Life Fellowship; **2005-2014**

Prophetic Ministry Team Member - Christian Life Fellowship; **2006-2016**